



# Kids Yoga

(Ages 4 - 7)

12 Classes will be held from September 10, 2008 - November 26, 2008  
~ December 3, 2008 will be a make-up class ~

**Wednesdays 4:30 - 5:30 pm**

Kids will benefit tremendously from yoga with their body image as well as their mental attitudes toward everything. The attributes gained from the yoga practice will carry over into your child's daily routines involving homework, interacting with friends and family or doing another sport like soccer, gymnastics, baseball, golf, tennis, karate, etc.

Privates available upon request

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Home Phone: ( ) \_\_\_\_\_/\_\_\_\_\_ Cell Phone: ( ) \_\_\_\_\_/\_\_\_\_\_

Total of 12 classes

Tuition: \$199

Please bring a yoga mat and wear comfortable clothes

Cash (Enclosed in sealed envelope with your name on it)      Check/Money Order # \_\_\_\_\_

MasterCard / Visa       American Express       Discover

Card #                Exp: \_\_\_\_/\_\_\_\_

Security Code: